Summary of Key Findings

1. The Commonwealth fails to provide services to individuals with intellectual and developmental disabilities in the most integrated setting appropriate to their needs in violation of the ADA.

2. The Commonwealth has failed to develop a sufficient quantity of community-based alternatives for individuals currently in CVTC and other training centers, particularly individuals with complex needs.

3. CVTC and other training centers have a flawed discharge process that fails to meaningfully identify individuals’ needs and the services necessary to meet them and address barriers to discharge.
   - Specifically cites the lack of knowledge of community services, lack of available community services and a failure to coordinate with community providers as a factor delaying transition to the community.

4. Individuals currently living in the community are at risk for unnecessary institutionalization because the Commonwealth has failed to provide sufficient community-based services.
   - Report cites an inadequate number of waiver slots and the inflexibility of the waiver for those with complex needs.
   - Cites current proposal of 275 waiver slots as “commendable” but “far from adequate.”
   - Suggests that as Virginia discharges individuals from the training centers, it must redirect expenditures from institutional care to address community services.
   - Cites the primary cause of emergency admissions is the lack of crisis services for individuals with acute medical or behavioral issues.
   - Cites the need for respite services to divert unnecessary admissions.